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(A Canadian Registered Charity)

21st Anniversary Souvenir Calendar - 2014

Released on Nov 23, 2013

To support Early Intervention of childhood disabilities



President's message:

Dear Friends, Donors and supporters of Handi Care Int'l.,

It is with immense gratitude that I begin this message to all of you. Handi Care Int'l. was started in 1992 with a zeal to empower children and youth with disabilities, mainly in rural India, with education, rehabilitation and vocational training, with an end goal to place them in suitable jobs. Now, 21 years later we are proud to share many success stories with you. HCI has transformed lives of many disabled children, helped employ over 100 disabled youth and adults, thru services rendered by committed and scrupulous organizations we work with. In the same period, we have constructed education and rehabilitation facilities to serve the need of differently abled individuals and to achieve our goals. (see details in following pages).

Another major progress is in the area of “**Clinical Placements**” offered to students in their Masters degree programs in Physiotherapy and Occupational therapy from universities all across Canada. This has created a platform for these students to learn new techniques and have hands-on experience working with special needs children with a broad range of neuromuscular conditions. Such an experience is very valuable in Canada and feedback has been very favourable from students and preceptors. Knowing that I have a strong team of dedicated board and all of you, I find myself committed to the cause for years to come. With sincere gratitude,
Yours truly,



Sulo Krishnamurthy, President, HCI



November 23, 2013



HANDI CARE INT'L.

(Canadian Registered Charity since 1992)

Charity Registration # BN 889046397RR0001

711-168 Bonis Ave, Scarborough, ON, M1T 3V6

Tel: 416 293 3994

www.handicareintl.org e-mail: handicare@rogers.com

DEDICATED TO SERVING THE POOR, DISABLED & NEEDY SINCE 1992

Handi Care Int'l. (HCI) was founded as a registered charity in Canada in 1992 and since then we have focused on “Education, Rehabilitation and Vocational Training” of poor rural disabled children and youth. There are **208 such children and 30 youth under our full sponsorship and over 500 mentally or physically challenged individuals are the beneficiaries** of various rehabilitation programs we have initiated. Well over 100 children and 120 disabled youth have successfully graduated from our initiatives. We concentrate equally on educating the surrounding community both ethically and socially.

HCI is a volunteer driven organization. By keeping the administrative costs to the minimum, **HCI has consistently achieved a disbursement rate in excess of 97% to charitable activities.**

- ❖ **Our Mission:** To raise awareness about and Empower persons with disabilities through Education, Rehabilitation and Vocational training.
- ❖ **Our Mandate:** Relieving poverty by providing housing and related facilities for people with special needs as well as people who are destitute; relieving suffering due to disability by providing facilities for the care, maintenance, and rehabilitation; establishing and operating schools for higher education and for vocational training of the disabled.

HCI achieves its goals by working with organizations that fulfill all the criteria it sets forth, with high expectations of commitment, reputability, accountability and efficiency. HCI funds these organizations for specific projects and works hand in hand with them to ensure implementation and to keep the project under check. The chief among them is **AMAR SEVA SANGAM (ASSA)**, a nationally acclaimed organization in South India.

Our achievements

- ❖ **Built an “Early Intervention Centre”** at Amar Seva Sangam (2012) for children from 0 to 5 years of age, with developmental delays.
- ❖ **Built a school expansion at ASSA (2012)**, with more classrooms and a lab to accommodate the growing number of students. Currently, the school has an integrated enrollment of more than 870 students.
- ❖ **Established Volunteer / Clinical Placements for OT/PT graduates from Canada:** Selected students from Canadian Universities are placed at ASSA every year, leading to credits towards their degree in Physio or Occupational therapy. Other volunteers are also placed.
- ❖ **Built the “Centre For Special Education” (2009)** which provides a full range of rehabilitation and educational programs for **over 100 children with intellectual challenges.**
- ❖ **Re-built** a village in South India that was demolished by the 2004 Tsunami. Constructed 17 homes and resettled the families.
- ❖ **215** children are under current sponsorships. In addition, **96** children have successfully completed schooling and are employed.
- ❖ **30** disabled youth are sponsored yearly for higher studies or vocational training. **140** youth under HCI's sponsorships have completed studies and are placed in gainful employment, since 2004

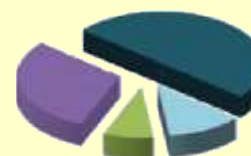
Thank you !!!

HCI takes this opportunity to thank Senator **Dr. Asha Seth** for being our chief guest and gracing tonight's event. Special thanks to all the invitees who donated generously to our buildings last year. HCI thanks all donors, sponsors, and advertisers. Thanks to our volunteers and board members who have worked tirelessly to make this event happen. Thanks to Sri. **Chandramouli Pundit** and **Rubicon Food Products Ltd.** for donation of many food items, **SVBF** for the facilities, **Mr. Hemant Thiru** -our MC, **Mr. Vineet Gupta** for donation of 1st raffle prize, **Mr. Mohan** for ably managing the sound and **Limelight Services** for calendar production and video camera and of course to all of you – without your unflinching support, we couldn't have progressed so well in our mission!!

What have we done with your donations?

HCI funds highly reputable, dedicated and accountable Non Governmental Organizations for chosen projects that fall under the mandate. HCI also develops initiatives for NGOs through the implementation of attractive and viable plans.

Allotment of funds to Partner organizations Based on 2002-2013 Data



- 49% Education & Rehabilitation sponsorships for disabled and poor children
- 29% Buildings- Post Tsunami (2006), Centre for Spl. Edu. (2009), High School (2012), Early Intervention (2012).
- 13%. Education, Rehab, Voc. Training for youth & Canadian student placements
- 9% Rehab and empowerment of Spinal cord injured

Handi Care Int'l. has consistently maintained its operating expenses at an average of below 3%

- ❖ **HCI has disbursed \$ 1.1 Million to rural projects in India since 1992**
- ❖ **\$ 542,000** in endowments and in yearly payments towards Adopt A Child, Meal For A Day and other educational programs – included are ER High School-Trichy, Vivekananda School, Seva Sadan & Dream School – Bangaluru
- ❖ **\$ 350,000** disbursed to ASSA & CREED for various building projects.
- ❖ **\$150,000** to support the higher education of almost 250 disabled youth.
- ❖ **\$94,000** (2009-2013) for the intensive rehab of spinal cord injured.

Current focus: "Early Intervention" of developmentally challenged children from ages 0 to 5

Since the project's inception in 2012, 200 children are receiving intense Physio, Speech, Occupational and Sensory Integration therapies. We need sponsorships for these children so that additional qualified special therapists can be hired, purchase adaptive equipments for effective rehab and offer training and equipments to parents for home based therapy.

More on our website.....



Meal for a Day Sponsorship

The disabled children pictured above just finished a nutritious meal sponsored by a HCI donor. Interest earned on a one time donation of \$160 will sponsor the meals of disabled children on a chosen date every year. You can choose a birthday or anniversary or any special day.



January 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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19	20	21	22	23	24	25
26	27	28	29	30 ●	31	



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Adopt a Child Program

These two children with physical disabilities are examples of children who have benefited from HCI's Adopt a Child Program. Sponsorships from HCI's generous donors go toward food, clothing, and education, as well as medical and rehabilitation expenses until high school is completed. Over the years, HCI donors have sponsored over 300 children. Please consider sponsoring a child for just \$350/year or a \$2000 endowment as there are many more children needing your support.



February 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14  Valentine's Day	15
16	17  Family Day	18	19	20	21	22
23	24	25	26	27  Maha Sivaratri	28	

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Physiotherapy

Pictured above is a child under HCI sponsorship on her daily supervised walk. At Amar Seva Sangam, more than 400 children and adults with disabilities are currently participating in a holistic rehabilitation program that includes outdoor and indoor physical therapy, occupational therapy and play-based therapy.



March 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 ●
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9	10	11	12	13	14	15
16 ○	17	18	19	20	21	22
23	24	25	26	27	28	29
30 ●	31					



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Volunteer India Program

Pictured above are two Occupational therapy students from McGill University and a physician volunteer from Canada with a group of disabled children at Amar Seva Sangam. Handi-Care Intl. has been sending Canadian volunteers to India since 2003. Volunteers have included students and professionals in health care and education. Our volunteers have contributed in many meaningful ways, such as conducting education sessions for special education teachers, training staff in enhanced physiotherapy techniques, research projects, proposal writing and teaching ESL. Please visit:

www.handicareintl.org/volunteer and consider becoming an international volunteer.



April 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8  Rama Navami	9	10	11	12
13	14	15 ○	16	17	18	19
20	21	22	23	24	25	26
27	28	29 ●	30			



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Spinal Cord Rehabilitation

Handi-Care Intl. has been sponsoring the rehabilitation of young adults with spinal cord injury through ASSA's Post Acute Care Spinal Cord Rehabilitation facility. These young adults are from socioeconomically disadvantaged families and have been rendered paraplegic or quadriplegic after road or work site accidents. Patients undergo an intensive 6 to 18 month rehabilitation and vocational training program at the end of which most have regained considerable mobility and livelihood. HCI sponsors approximately 5 patients with spinal cord injury on an annual basis.



May 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14 ○	15	16	17
18	19	20	21	22	23	24
25	26	27	28 ●	29	30	31

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Integrated School

Pictured above are children at Amar Seva Sangam's integrated school, many of whom have been sponsored by Handi-Care Intl supporters. The school integrates children with varying physical and intellectual abilities in an open and nurturing environment. HCI donors have created more than 300 endowments, which cover children's school expenses including books, supplies and uniforms, in addition to their rehabilitation and food expenses.



June 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12 ○	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27 ●	28
29	30					

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Achieving in Sports

Pictured above is a 12 year old boy with a right arm amputation. He resides at Ama Seva Sangam's Home for Disabled Children. He is seen enjoying a game of soccer with his peers. Thanks in large part to HCI sponsorship, disabled children at Amar Seva Sangam actively participate in sporting activities and competitions and have won many awards in regional and national sporting contests.



July 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1  Canada Day	2	3	4	5
6	7	8	9	10	11	12 ○
13	14	15	16	17	18	19
20	21	22	23	24	25	26 ●
27	28	29	30	31		

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New Early Intervention Centre

The children pictured above are participating in occupational therapy activities outside the newly built Early Intervention Centre. With the help of generous donors last year, HCI was able to raise \$50,000 to build this brand new centre and launch a Sensory Integration and Early Intervention Program that aims to help infants and toddlers achieve their developmental milestones. In addition to the 50 children enrolled in this centre, more than 150 children participate in village based therapy programs.



August 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4  Civic Holiday	5	6	7	8	9
10 ○	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25 ●	26	27	28	29  Ganesh Chaturthi	30
31						



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New High School

Pictured above is a student at the new high school built by Handi-care Intl. on the Amar Seva Sangam campus. Thanks to generous donors, the completion of this building has allowed more than 100 students to attend this integrated high school where disabled students learn alongside their peers. After completion of high school, with our donors support, most students will go on to university level education or vocational training.



September 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Labour Day	2	3	4	5	6
7	8 ○	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24 ● Navarathri Begin	25	26	27
28	29	30				



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Clinical Placement Program

Since 2009, Handi Care Int'l. has partnered with the University of Toronto, McMaster University, McGill University and the University of British Columbia to create an accredited clinical placement at the Amar Seva Sangam campus for graduate students of Physiotherapy and Occupational therapy. Focus areas are spinal cord rehabilitation and rehabilitation of children with neuromuscular disabilities. The UBC student pictured above participated in one of these accredited physiotherapy clinical placements. HCI accepts applications all year round. Please visit: <http://www.handicareintl.org/Clinical/>



October 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			 1 Saraswathi Pooja	2	 3 Vijayadasami	4
5	6	7	8 ○	9	10	11
12	13 Thanksgiving	14	15	16	17	18
19	20	21	 22 Deepavali	23 ●	24	25
26	27	28	29	30	 31 Halloween	

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Science Lab

In 2012, with the help of generous donors, Handi-Care Intl built a brand new barrier- free science lab at Amar Seva Sangam. Here, high school students of varying abilities are provided a solid foundation in science education.



November 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6 ○	7	8
9	10	 11 Remembrance day	12	13	14	15
16	17	18	19	20	21	22 ●
23	24	25	26	27	28	29
30						

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Early Intervention Program

Pictured above are two of the more than 200 children undergoing early intervention play-based therapy at Handi Care Intl's Centre for Special Education. This program identifies children under the age of 5 with delayed developmental milestones and enrolls them into a family centered intervention and rehabilitation program. The program has been running for 1 year and, with newly purchased equipment and specialized therapists, has already shown remarkable benefits for young children with special needs.



December 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6 ○
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21 ●	22	23	24	25  Christmas	26	27
28	29	30	31			

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Ranjani Orchestra 1997



Agraharam Productions 1998 to 2011



Aarti Sankaran - 2003



Sanskriti Dance Academy 2006-2012

Ways you can participate and help

Adopt A Child (AAC): \$350 a year or a one time payment (endowment) of \$2000 (Interest utilized), will provide a disabled child with food, clothing, an education, and rehabilitation services such as physiotherapy, occupational therapy, speech therapy and sensory integration (for early Intervention) .

Meal For A Day (MFAD): Interest earned on a one time donation of \$160 will sponsor the meals of 25 disabled children on a chosen date every year. You can choose a birthday, anniversary or any special day.

Campus Feeding : For \$400, the entire campus of about 600 people, including staff, children & youth receive a special lunch on the date of your choice. You can celebrate your special day by choosing this plan. For \$200, the 300 children will receive a special lunch.

Sponsor A Youth (SAY): \$600 a year will sponsor the complete care of a disabled youth who undergoes higher education and/or vocational training, leading to gainful employment.

General : Any amount, which will go a long way to fund all rehab activities.

Please visit www.handicareintl.org for further details.



Charu Shankar - 2005 & 2008

Thank You !

Calendar Design:
Dinesh and Kavitha Krishna

Calendar and Video Photography:

Robyn Saona
Andrea Neufeld
Brooke Macgillivray
Dinesh and Kavitha Krishna
Swetha Subramanyam
Katrina Ballerini
Samuel Provost
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Venky Iyer and Netra Unni
All Saints Hellenic Dancers

Many thanks to all our past performers since 1997. This page has photos from our previous fundraising events. We could only print a few available ones. More can be seen at our website. Please take a moment to view them.



Menon sisters - 2012



Parwar Dance Academy 2010



Iraava Varam Thaarum by AP - 2011



The SUR group 2004 to 2012



RamyaLaya Dance 2012