

Happy Deepavali & A new start for the year- Chair Yoga 🧘

1 message

Handi-Care Intl. <newsletter@handicareintl.org>
Reply-To: us7-325c563de9-b839715b63@inbound.mailchimpapp.net
To: Sulo Krishnamurthy <info@handicareintl.org>

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Handi-Care Intl.

We Can Make A Difference

Registered Canadian Charity #BN 889046397RR0001

Newsletter 186 - November 3, 2021



Wishing you a very Happy & Prosperous Deepavali.!

Dear Sulo Krishnamurthy,

Greetings & a very happy Deepavali to you & to your family from [Handi-Care Intl.](#) May this Deepavali bring to one and all in your family good health, wealth, happiness and prosperity. Let this festival of lights bring Happiness & Joy.

Please consider giving a Deepavali gift of an [Assistive Device](#) to our children who are in need. [Click here to make your gift.](#)



Chair Yoga:

Don't forget to [join us on November 10, 2021, 10 AM - 11 AM EST for 12 weeks of online Chair Yoga alternatively with Sumi Ignatius & Susila Rajadurai](#). Both teachers have extensive experience in teaching yoga for seniors and others, who can not perform standard yoga on the floor mats. Both of them teach regularly in different centers. We are very excited to bring them on board for our Holistic Living programs. Please don't miss out on this great opportunity and register today, to secure your spots. Please visit www.handicareintl.org for more details

Please [register](#) in advance, to reserve your seats!

Please add our email addresses, newsletter@handicareintl.org, and communication@handicareintl.org, phone number, 647-853-4419 to your contact list so our emails/messages can reach your inbox.

Thank you!

Warm Regards,

Handi-Care Intl. Team



Our mailing address is:

38 Larwood Blvd., Toronto, Ontario, M1M 2M5 Canada | info@handicareintl.org | T: +1 (416) 293 3994

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