

Table of Contents

Don't Bring 2

El Equipment's 3

High Priority 5

Ongoing..... 7

Books..... 9

Equipment..... 10

Don't Bring

SI NO	Equipments
1	Sock aids
2	Pressure off loading boots
3	Prefab wrist splints (Left hand)
4	Tensor bandages
5	Thermoplastics
6	Random foam bits
7	Adult walkers
8	Plate guards
9	Barrel of monkeys toy
10	Children's picture books that incorporate different textures
11	K-Tape




EI Equipment's

SI NO	Product	Size/Quantity	Purpose of Item/Comments/Brand (if applicable)
1	Rapper snappers	10	I.e. Pop tubes. Note: we were wondering if the accordion type plumbing tubing on our sink drains would work but didn't see any in town
2	Therapy balls	85Cms,45cms	Small & peanut ball. ASSA PT wanted two small balls - up to 45 kilo size.
3	Mr. Potato Head toy		Visual perceptual, understanding body scheme, fine motor, grasp, figure ground discrimination
4	Pediatric walkers	Min 4	Posterior walkers
5	Play Sand		
6	Sensory Fidget	few	
7	Building Blocks /legs		Different Sizes
8	Pulseoxymeter	1	
9	Spirometry	2	
10	Fun Skool nuts and bolts	2 Set	

11	Sensory Bin materials		
12	Stepping Stones	3 Set	
13	Stress Ball	10	
14	Tongs	10	
15	Cloth Pins	3 sets	
16	Sensory tubes	10	
17	Pediatric lite gait	2	



High Priority

SI NO	Product	Size/Quantity	Purpose of Item/Comments/Brand (if applicable)
1	Long handled reachers	15	Most of the reachers were given away during the SCI reunion in August 2016
2	Long handled mirrors	5	To check for pressure sores. There is only a demo mirror remaining.
3	Sturdy foam tubing	10 Nos	To build up eating and hygiene utensils etc
4	Materials for wheelchair positioning especially for lateral support		
5	Sturdy strap material in various widths		To manufacture slings, wheelchair backrest straps etc.
6	Theraputty	20	Various Resistances Large Boxes
7	Transfer Belt	5	Use to Stroke and Sci Patients transfer
8	Hot Packs	3	For Muscle Relaxation
9	Massager	3	Different size for muscle relaxation
10	Universal cuff	15	
11	Prism Supreme Cushion	5	
12	Wheelchair Gloves	20 Pairs	For quadriplegic patients
13	Peg Board		Multi shape ,for grasp and fine motor
14	Driers for splinting	1	For making thermoplastics splints
15	Elbow Splints	10	To stabilize the elbow joints
16	roho pumps	10	
17	Torch Light	2	For Spinal Cord Injury

18	Grip Socks	5 Pair	
19	Thera Band		Different resistance
20	Automatic Recording of Blood Pressure apparatus	1	For Spinal Cord Injury
21	Roho Patch Kits	5	
22	Pencil Gripper		
23	Active Hand (For Spinal Cord Injury)	5	
24	Digi Flex (Different Resistance for Separate fingers activity)	5	
25	Needle destroyer		For Spinal Cord Injuru Unit
26	Dressing Materials		
27	Weighted Balls	5	For Adult Cerebral Palsy Children
28	Seisel board	2	

Ongoing

SI NO	Product	Size/Quantity	Purpose of Item/Comments/Brand (if applicable)
1	VAC dressing		Need for wound healing in SCI patients
2	Finger goniometer	2	We have large and medium goniometers, but no finger and it would be useful for initial assessments/monitoring progress.
3	Vicair/ROHO cushions	A few vicairs	Vicair: more stable than ROHO, no maintenance, durable, less risk of bottoming out or need for repairs. ROHO: As of May 2016, there are 4 ROHO cushions available. Big Size not required.
4	Tubing		Tubing to wrap around wheelchair rims were used with Coban wrap over . Perhaps consider vet wrap?
5	Seat Belts		4-point seat belts and shoulder straps. Packsack style preferred to butterfly harness
6	Coban Wrap		2" wrap recommended, for hand therapy if OT knows usage
7	Hand dynamometer	1	Useful as an outcome measure.
8	Soft strap for night splints		One that adheres to the rough side of velcro
9	Velcro for splints	1" and 2" adhesive backing only	Caliper unit has non adhesive
10	Two point discrimination	4	Sensation testing
11	Supinator splints for forearm	5	For outpatient stroke clients
12	Wheelchair footrests and calf pads	1-padded calf pad	For wheelchair modifications for SCI clients
13	Long handled sponges	20	Helpful for clients in SCI and stroke unit
15	Pinch meter Test	1	

16	9 hole peg test kit	1	
17	Soft Knee Braces	10	For Children Below 10 years
18	Baby Treadmill motorized	1	For Children Below 10 years
19	Tranfer Board	2 Nos	
20	Finger Extension Remedial Board		
14	CamelBak type water bottle with straw/camelpacks	2+	<p>Water bottle with straw: SCI clients with limited ROM in neck</p> <p>Pack: quadriplegic SCI clients, they can keep it on their chair/bed – good for limited hand function</p> <p>* regular straws don't work well because ants go in them</p>

Books

SI No	Name of the Book	Author
1	Stroke Rehabilitation: Guidelines for Exercise and Training to Optimize Motor Skill	by Carr (Author)
2	Physical Agents in Rehabilitation, 4th Edition	By Michelle H. Cameron, MD, PT, OCS
4	Palpation Techniques: Surface Anatomy for Physical Therapists	by Bernhard Reichert (Author), Wolfgang Stelzenmuller (Author)
6	A Practical Guide to Kinesiology Taping	by John Gibbons
7	Kinesiology: The Mechanics and Pathomechanics of Human Movement	by Carol A. Oatis (Author)
8	The Manual of Trigger Point and Myofascial Therapy	Dimitrios Kostopoulos, PT, PhDKonstantine Rizopoulos, PT, FABS, Astoria, New York Hands-On Physical Therapy, PC
9	The HELP Guide To Cerebral Palsy Second Edition	Nadire BERKER Selim YALÇIN
10	Clinical Neurology – Pathophysiology	Fredricks
12	Sensory Integration and the Child	Anna Jean Ayres
13	Sensory Processing 101	Dayna Abraham ,Claire Heffron ,Pamela braley,Laurendrobnjak

Equipment

S. No	PT Equipment
1	Virtual Reality Program software
2	Aesthesiometer
3	Sensory evaluation kit
4	Gait analysis software
5	Functional Electrical Stimulator
6	Ultra Sound (Pocket Model)
7	NMES
8	EMG Jogo